

# Key Features and Functions of the



## QUITTING TIME WATCH Smoking Cessation System

For a more complete list go to  
[www.ElectroMedTechnologies.com](http://www.ElectroMedTechnologies.com)

### ALL THE FUNCTIONS OF A NORMAL WATCH

Including an alarm, stopwatch,  
and backlight.

### STYLISH, DURABLE AND WATERPROOF

Quality you'll feel as  
soon as you slip it on.

### DISCREET

Only you will know  
you are trying to quit.

### YOUR QUITTING INFO RIGHT AT YOUR FINGERTIPS

Press the **info button** to see...

- Your current 'quitting score™'
- How long since your last cigarette
- Daily count and goal, and
- How much money you've saved.

ElectroMed



MODE

LIGHT

BT/STP

Technologies

SET/RST

### WORKS WITH OTHER MEDICATIONS

Includes alarms designed  
to remind you about your  
patches and/or pills.

### BREAKS THE "CHAIN"

The **cigarette meter** helps  
increase the amount of  
time between cigarettes  
and is especially designed  
to defeat chain smoking.

### OVER 400 CLINICALLY WRITTEN MESSAGES

Provides positive feedback  
customized to your needs and  
stage in the quitting process.

### EASY TO USE

Just press the **cigarette button** each time you light up.

### ALSO AVAILABLE AS A CLIP-ON WATCH



The handy clip  
doubles as a  
desk stand,  
so you'll never  
be without your  
QT-Watch!